

3.4 Instantons and Light Quarks

$$\mathcal{Z} = \int \mathcal{D}A_\mu \mathcal{D}\Psi^+ \mathcal{D}\Psi e^{-S_{\text{glue}}^E - S_{\text{quark}}^E}$$

quark action $S_{\text{quark}}^E = - \int d^4x \bar{\Psi} (i\not{D} + im_q) \Psi$

$$= \frac{1}{N_+! N_-!} \prod_{I, \bar{I}}^{N_+, N_-} \int d\Omega_I n(\Omega_I) e^{-S_{\text{int}}} \prod_f^{N_f} \det (i\not{D} + im_f)$$

↑ contains instanton field

eigenfunctions /-values $i\not{D} \Psi_\lambda = \lambda \Psi_\lambda$

$\Rightarrow \not{D}$ diagonal $\Rightarrow \det (i\not{D} + im_f) = \prod_\lambda (\lambda + im_f)$ product of eigenvalues

problem: in the field of a single (anti-) instanton,

\exists one left- (right-) handed quark "zero-mode" $\Psi_{\lambda=0}$ (per flavor u, d, \dots)

\Rightarrow tunneling amplitude $d n_I \propto m_f^{N_f} \rightarrow 0$ for $m_f \rightarrow 0$

instantons suppressed by massless quarks ?!

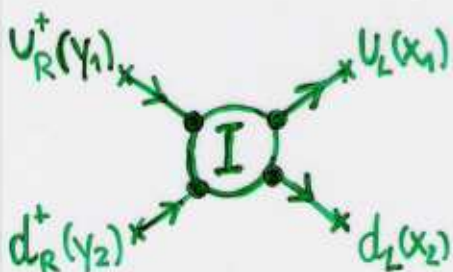
remedy: quark propagation $(i\not{D} + im_q) G_q(x, y) = \delta^{(4)}(x-y)$

$$\Rightarrow G_q(x, y) = \frac{\Psi_0(x) \Psi_0^+(y)}{im_q} + \sum_{\lambda \neq 0} \frac{\Psi_\lambda(x) \Psi_\lambda^+(y)}{\lambda + im_q}$$

in the presence of an instanton:

$$\langle n_w=1 | \prod_f \Psi_f(x) \Psi_f^+(y) | n_w=0 \rangle \propto (m_q)^{N_f} \frac{1}{m_q^{N_f}}$$

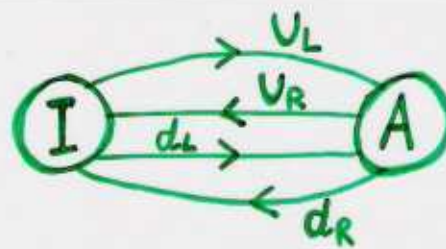
finite, dominated by zero-mode propagator



Where do the quarks go?

i.e. How to close lines?

I-A "molecules"



I-A "network"



more formally

$$\mathcal{Z}_{inst} = \frac{1}{N_+! N_-!} \prod_{I, \bar{I}}^{N_+, N_-} \int d\Omega_I n(s_I) e^{-S_{int}} \prod_f^{N_f} \det [i\mathcal{D}(A_I^M, A_{\bar{I}}^M) + im_f]$$

in zero-mode subspace : $[i\mathcal{D} + im_f] = \begin{bmatrix} N_+ & N_- \\ im_f \hat{1} & \hat{T}_{IA} \\ \hat{T}_{AI} & im_f \hat{1} \end{bmatrix} \begin{matrix} N_+ \\ N_- \end{matrix}$

Weyl basis:

$$\Psi = \begin{pmatrix} \Psi_L \\ \Psi_R \end{pmatrix}$$

$$\gamma_5 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

$$\gamma_0 = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$\begin{aligned} T_{IA}(\Omega_I - \Omega_A) &= \langle \Psi_{0I}^+ | i\mathcal{D} | \Psi_{0A} \rangle \\ &= \int d^4x \Psi_{0I,R}^+(x-z_I) i\mathcal{D}_x \Psi_{0A,R}(x-z_A) = T_{AI}^+ \end{aligned}$$

Interpretation: $T_{IA} = \int d^4x d^4y (\Psi_{0I}^+ \mathcal{D}_y) \underbrace{\mathcal{D}_y^{-1} \delta^{(4)}(x-y)}_{\equiv G_q(x,y)} (i\mathcal{D}_x \Psi_{0A})$

amplitude for instanton to emit quark

$\hat{=}$ I-A interaction via quark exchange !

⇒ 2-component partition function (MFA) :

$$\tilde{Z}_{\text{grand}}^{\text{atm+mol}} = \sum_{N_a, N_m} \frac{(z_a V_4)^{N_a}}{N_a!} \frac{(z_m V_4)^{N_m}}{N_m!}$$

$$\Rightarrow \boxed{\Omega_{\text{can.}}^{\text{a+m}}} = -\frac{1}{V_4} \log(\tilde{Z}_{\text{can.}}^{\text{a+m}}) = -n_a [\log(\frac{z_a}{n_a}) + 1] - n_m [\log(\frac{z_m}{n_m}) + 1]$$

"atomic" component: $z_a = 2 \text{ const } e^{-\frac{1}{2} S_{\text{int}}} \langle T_{IA} T_{AI} \rangle \frac{N_f}{2} \stackrel{\text{"random"}}{I-A}$

"molecular" component: $z_m = \text{const}^2 e^{-S_{\text{int}}} \langle (T_{IA} T_{AI})^{N_f} \rangle \stackrel{\text{"bound"}}{I-A}$



→ minimize $\Omega_{\text{can.}}^{\text{a+m}}$ (fix $\frac{N}{V_4} = n_a + 2n_m \stackrel{!}{=} 1.4 \text{ fm}^{-4} \Leftrightarrow \Lambda_{\text{QCD}} = 260 \text{ MeV}$)

find: $n_a = 1.34 \text{ fm}^{-4}$
 $n_m = 0.03 \text{ fm}^{-4}$ $\hat{=}$ "random" I-A vacuum,
 quark-zero modes de-localize

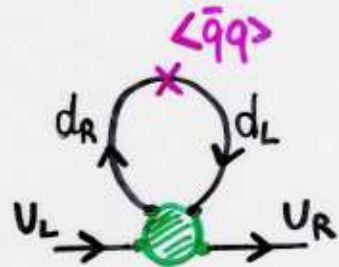
⇒ Spontaneous Breaking of Chiral Symmetry (SBCS)

effective quark mass from determinant:

$$\boxed{M_q^*} = m_q + (\langle |T_{IA}|^2 \rangle \frac{n_a}{2})^{1/2}$$

$$= \boxed{m_q - \lambda \langle \bar{q}q \rangle}$$

quark selfenergy in "instanton liquid"



$$\langle \bar{q}q \rangle \equiv \text{Tr } G_q(x, x)$$

$$= -\int \frac{d^4 p}{(2\pi)^4} \text{tr } G_q(p) = -4N_c \int \frac{d^4 p}{(2\pi)^4} \frac{M_q^*}{p^2 + M_q^{*2}}$$

$$\text{" } \frac{p + M_q^*}{(p^2 + M_q^{*2})}$$

self-consistent ("gap") equation

alternatively

integrate-out gluonic fields to obtain effective (anti-) fermionic action

⇒ (anti-) instantons provide $2N_f$ -quark interactions:

$$\mathcal{L}_{\text{eff}}^{\text{inst}} = \tilde{\lambda} \left[\epsilon_{ff'} \epsilon_{gg'} (\bar{q}_R^f \mathcal{F}^+ q_L^g \mathcal{F}) (\bar{q}_R^{f'} \mathcal{F}^+ q_L^{g'}) + -\bar{I}- \right]$$

$$\equiv \lambda \left[(\bar{q} \mathcal{F}^+ \tau^- \mathcal{F} q)^2 + (\bar{q} \mathcal{F}^+ \tau^- \gamma_5 \mathcal{F} q)^2 \right]$$

form factors $\hat{=}$ instanton zero-modes

"range" $\sim \frac{1}{\xi} \approx 600 \text{ MeV}$

attractive for " σ " = $\bar{q}q$ scalar-isoscalar

" $\vec{\pi}$ " = $\bar{q} \vec{\tau} \gamma_5 q$ pseudoscalar-isovector

repulsive for " \vec{a}_0 " = $\bar{q} \vec{\tau} q$ scalar-isovector

" η' " = $\bar{q} \gamma_5 q$ pseudoscalar-isoscalar

no axial-/vector interaction at 1-instanton level

(" \vec{a}_1 ") (" \vec{S} ")

4.) Finite-T Chiral Phase Transition + Instanton

→ impose (anti-) periodic boundary conditions on (quark-) gluon-fields ⇒ explicit finite-T solutions for :

- instanton gauge fields $A_\mu^a(r, \tau; T)$

- quark zero modes $\Psi_{0,I}(r, \tau; T) \propto e^{-\pi r T}$ (enhanced in τ)

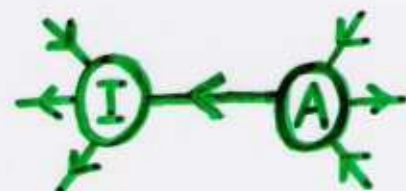
QCD partition function

$$\mathcal{Z}_{\text{QCD}}^{\text{inst}} = \sum_{N_+, N_-} \frac{1}{N_+! N_-!} \prod_{I=1}^{N_+, N_-} \int \int d\Omega_I n(\Omega_I) e^{-S_{\text{int}}} g_I^{N_f} |T_{IA}(z, u; T)|^2$$

Quark-induced Instanton-Antinstanton interaction:

$$T_{IA}(z, u; T) = \int_0^\beta dx_4 \int d^3x \Psi_{0,I}^\dagger(x - z_I; T) i \not{D}(T) \Psi_{0,A}(x - z_A; T)$$

$$\equiv i u_4 f_1(r, \tau; T) + i \frac{\vec{u} \cdot \vec{r}}{r} f_2(r, \tau; T)$$



Chiral Symmetry Restoration

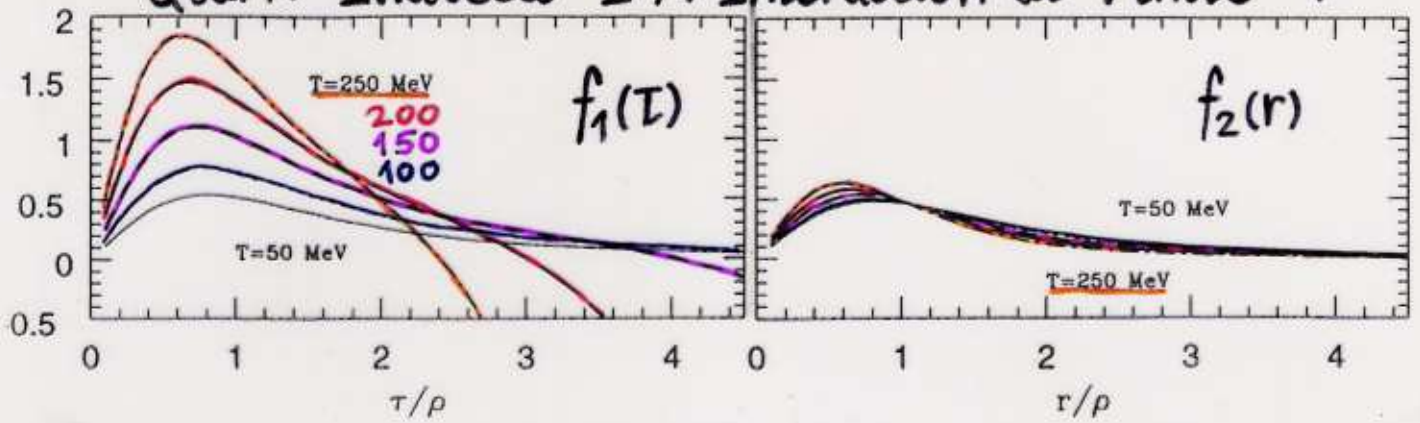
naively: Debye-screening of **I**-/**A**-fields

but: sets in only above T_c (Chu+Schramm, PRD '95)

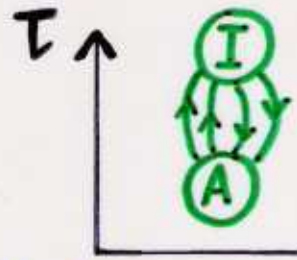
⇒ other mechanism operative

observation: T_{IA} strongly T -dependent: suppressed in r -direction
enhanced " τ " "

Quark-Induced I-A-Interaction at Finite T



⇒ Formation of Instanton-Antinstanton **'Molecules'**
 ≡ **I-A** pairs localized in space and aligned in time direction



Schematic 'Cocktail' Model for Thermodynamic Potential:

(Ilgenfritz + Shuryak, PLB '94)

$$\Omega^{inst}(T) = - \frac{\log(\mathcal{Z}^{inst}(T))}{V_4} \approx -n_a \left(1 + \log\left(\frac{z_a}{n_a}\right)\right) - n_m \left(1 + \log\left(\frac{z_m}{n_m}\right)\right)$$

'atomic activity' $z_a = 2G g^{b-4} e^{-S_{int}} \left(\langle |T_{IA}|^2 \rangle \frac{n_a}{2}\right)^{N_f/2}$

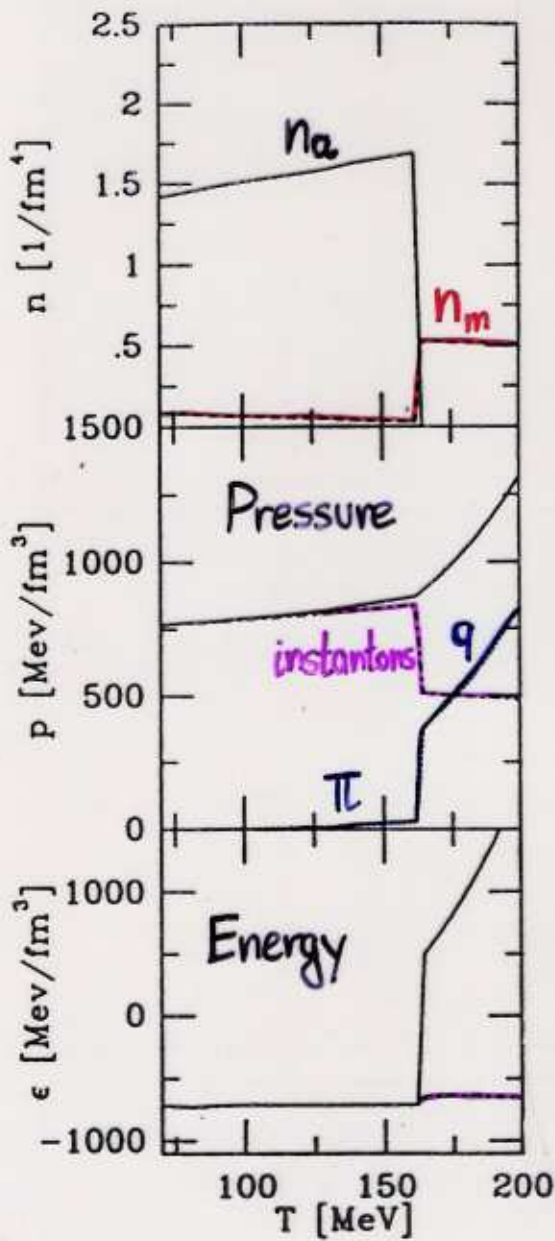
'molecular activity' $z_m = G^2 g^{2(b-4)} e^{-2S_{int}} \langle |T_{IA}|^{2N_f} \rangle$

(gluonic interaction S_{int} weakly temperature-dependent [Diakonov + Mirlin] PLB '88)

⇒ $\Omega^{inst}(T)$ minimized w.r.t. concentrations n_a, n_m

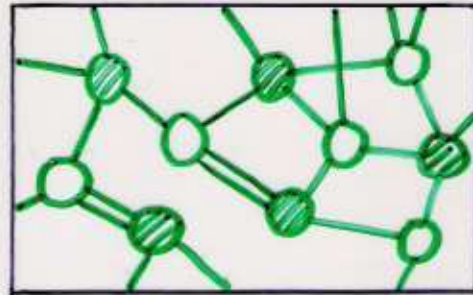
(normalization $G \propto \Lambda_{QCD}^b$ fixed at $T=0$ to give $n(T=0) = 1.4 \text{ fm}^{-4}$)

Chiral Symmetry Restoration at $T > 0$ ($\mu_q = 0$)



due to **I-A**-molecule formation:

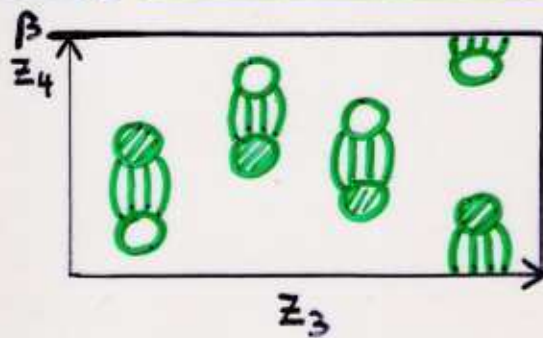
$T = 0$: random liquid



$$\langle \bar{q}q \rangle \propto \sqrt{n_c}$$

finite

$T > T_c^x \approx 150 \text{ MeV}$: molecular phase



$$\langle \bar{q}q \rangle \propto \sqrt{n_c} = 0$$

(Ilgenfritz + Shuryak PLB '94)

also found in full numerical simulations of the **IILM**

(Schäfer, Shuryak, Verbaarschot PRD '95, '96)