



# CICADA

**Week of October 24, 2022**

Hello everyone!

The members of CICADA will be sending out short newsletters 1-2 times per

month on topics relevant for inclusion and community building. Here are some things we'd like to share with you this week:

- The next CICADA seminar will be on Thu, Nov. 17th at 1pm. The topic will be "Stress and Time Management" to hopefully help everyone get through the end of the semester!
- Save the date for the Cyclotron Institute holiday party on Dec. 7th at 6:30pm at the 7F Lodge - this is open to employees and family!
- October is the designated month for multiple awareness initiatives, including:
  - National Disability Employment Awareness Month, [dol.gov/NDEAM](https://dol.gov/NDEAM);
  - Domestic Violence Awareness Month, <https://ncadv.org/2022DVAM>;
  - Hindu Heritage Month <https://hindumonth.org>; and
  - LGBT History Month <https://lgbthistorymonth.com/>

As always, if you have any thoughts or ideas that would help make the CI a better place, please let one of us know!

CICADA Members:

Cody Parker, chair  
Bassam Aboona  
Phil Adsley  
Paula Barton  
Emily Harris  
Brennan Ochoa  
Shane Schmidt